



# ***DARE***

## ***TO BE A TIGER***

- **DEVELOPMENT**
- **ACCOUNTABILITY**
- **RESPECT**
- **ENJOYMENT**





IN 2025

WE ARE ASKING ALL PLAYERS, COACHES &  
PARENTS





TODAY ARE WE  
TO BE A  
TIGER



# DEVELOPMENT



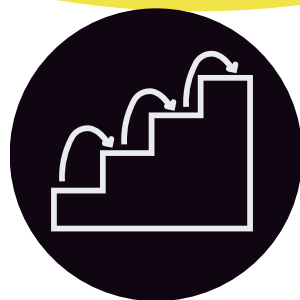
For SMJFC, the philosophy of development is foundational at every level, from the youngest athletes to the seasoned players. At its core, development encompasses not just the improvement of skills within the sport but also the holistic growth of individuals.



For 7-10 year olds: Development is about fostering a love for the game, nurturing fundamental skills, and instilling a sense of teamwork and sportsmanship. Coaches focus on creating a positive and supportive environment where young athletes feel encouraged to explore their potential without fear of failure.



For 11-14 year olds: Development expands to include more advanced technical skills and tactical understanding of the game. This age group is encouraged to challenge themselves, set personal goals, and take ownership of their progress. Coaches emphasize the importance of perseverance and resilience in the face of setbacks.



For 15-17 year olds: Development now extends beyond the individual player to leadership skills, mentorship, and character development. These age groups are expected to model excellence both on and off the field, serving as role models for younger athletes. Coaches facilitate opportunities for players to take on responsibilities and contribute to the overall growth of the club.



Parents and coaches play crucial roles in supporting the philosophy of development by providing constructive feedback, fostering a growth mindset, and recognising progress over perfection.





# ACCOUNTABILITY



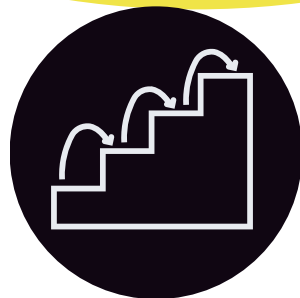
Accountability is integral to the culture of the SMJFC, teaching young athletes the importance of taking ownership of their actions, decisions, and commitments.



For 7-10 year olds: Accountability is introduced in a gentle manner, emphasizing the importance of following instructions, respecting teammates, and showing up prepared for practices and games. Coaches focus on building trust and responsibility through positive reinforcement and clear expectations.



For 11-14 year olds: Accountability becomes more nuanced as athletes develop a deeper understanding of their roles within the team. They are encouraged to communicate openly, accept feedback gracefully, and hold themselves and their peers to high standards of conduct both on and off the field.



For 15-17 year olds: Accountability reaches its pinnacle as seniors are entrusted with leadership roles and greater responsibilities within the club. They are expected to lead by example, hold themselves and others accountable for their actions, and strive for excellence in all endeavors.



Parents and coaches model accountability by demonstrating consistency, integrity, and follow-through in their interactions with players, fostering a culture of trust and reliability within the club.



# RESPECT



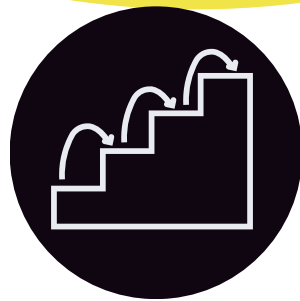
Respect is the cornerstone of the SMJFC, shaping interactions between players, coaches, parents, and opponents alike. It encompasses appreciation for diversity, sportsmanship, and the inherent value of every individual.



For 7-10 year olds: Respect is introduced as a fundamental principle, encompassing basic manners, fairness, and empathy towards others. Coaches emphasize the importance of treating teammates, coaches, and opponents with kindness and consideration.



For 11-14 year olds: Respect deepens as athletes mature, extending to include respect for authority, rules, and the spirit of the game. Players are encouraged to handle victories and defeats with grace, showing appreciation for the efforts of their teammates and opponents alike.



For 15-17 year olds: Respect evolves into a guiding principle for leadership, integrity, and inclusivity. These age groups are expected to cultivate a culture of respect within the club, advocating for fairness, equality, and mutual understanding both on and off the field.



Parents and coaches embody respect by treating all individuals with dignity, regardless of differences or disagreements, fostering an environment where every member feels valued and accepted.





# ENJOYMENT



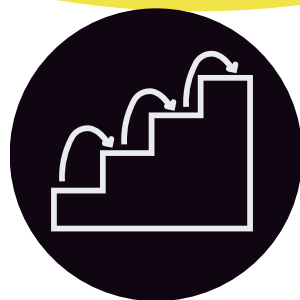
Enjoyment lies at the heart of the SMJFC, reminding athletes that sports are not just about competition but also about fun, camaraderie, and personal fulfillment.



For 7-10 year olds: Enjoyment is prioritized above all else, with coaches focusing on creating a fun and engaging environment where young athletes can develop a love for the game. Practices and games are designed to be inclusive, interactive, and filled with positive reinforcement.



For 11-14 year olds: Enjoyment remains central to the sporting experience, even as athletes begin to face greater challenges and expectations. Coaches encourage a balance between hard work and play, reminding players to savor the journey and find joy in the process of improvement.



For 15-17 year olds: Enjoyment takes on new meaning as these age groups navigate the pressures of competition, academics, and personal growth. They are encouraged to find fulfillment not just in winning games but also in the bonds they forge with teammates, the lessons they learn from setbacks, and the memories they create together.



Parents and coaches cultivate enjoyment by fostering a positive and supportive atmosphere, celebrating achievements, and encouraging athletes to find joy in every aspect of their sporting journey, from training sessions to Grand Finals.



1. **Commit to Growth** (Development): Approach each practice and game as an opportunity to learn and improve. Be open to new skills, challenges, and feedback.
2. **Own Your Actions** (Accountability): Take responsibility for your behavior on and off the field. This includes showing up on time, giving your best effort, and owning up to mistakes.
3. **Show Respect to Everyone** (Respect): Treat teammates, coaches, opponents, and officials with kindness and fairness, regardless of the situation.
4. **Maintain a Positive Attitude** (Enjoyment): Bring enthusiasm and energy to every practice and game. Support your teammates and celebrate their successes.
5. **Stay Focused on Team Goals** (Development): Understand your role within the team and work towards shared goals while encouraging the growth of others.
6. **Follow Club Rules and Guidelines** (Accountability): Adhere to the club's expectations regarding conduct, attire, and behavior in all settings.
7. **Handle Wins and Losses with Grace** (Respect): Celebrate wins humbly and accept losses as learning opportunities, always showing sportsmanship.
8. **Communicate Openly and Honestly** (Accountability): Share your thoughts and concerns respectfully with coaches and teammates to build trust and understanding.
9. **Encourage Others** (Respect): Support and uplift your teammates, making sure everyone feels included and valued, regardless of skill level.
10. **Have Fun and Stay Motivated** (Enjoyment): Remember that sports are meant to be enjoyable. Keep the joy in the game alive by embracing challenges and having fun along the way.





1. **Support Your Child's Development** (Development): Encourage your child to embrace learning and focus on their improvement, rather than just winning or results.
2. **Model Accountability** (Accountability): Demonstrate reliability by fulfilling commitments, attending events, and engaging respectfully with coaches and other parents.
3. **Respect All Participants** (Respect): Treat all players, coaches, officials, and other parents with respect, setting a positive example in your words and actions.
4. **Promote a Love for the Game** (Enjoyment): Focus on the joy of participation. Celebrate your child's effort and enjoyment rather than only results or performance.
5. **Let Coaches Coach** (Development): Trust the coaching process and avoid giving instructions during games or practices. Respect the coach's decisions.
6. **Encourage Responsibility** (Accountability): Encourage your child to be responsible for their equipment, attendance, and attitude, fostering independence.
7. **Handle Disputes Respectfully** (Respect): If you have concerns or disagreements, address them calmly and respectfully with the coach or club management at an appropriate time.
8. **Celebrate All Kids' Successes** (Respect): Applaud the achievements of all players, not just your own child. Foster a supportive and inclusive community.
9. **Set the Right Example in the Stands** (Enjoyment): Cheer positively, avoid criticizing officials, and focus on encouraging all players to enjoy their participation.
10. **Recognize the Balance of Fun and Growth** (Enjoyment): Remind your child that the primary goal is enjoyment and personal growth, not just winning or being the best.





1. **Prioritise Holistic Development** (Development): Focus on helping each player grow both as an athlete and a person, considering their technical skills, teamwork, and character.
2. **Be Consistent and Fair** (Accountability): Hold yourself and your players accountable by applying consistent rules and expectations while treating every player fairly.
3. **Foster Mutual Respect** (Respect): Build a culture of respect within your team by modeling positive behavior, listening to your players, and valuing their opinions.
4. **Keep Enjoyment Central** (Enjoyment): Design training sessions and game plans that prioritize fun, inclusivity, and positive experiences while fostering skill development.
5. **Communicate with Clarity and Patience** (Development): Provide clear instructions and constructive feedback, ensuring every player understands and feels supported.
6. **Encourage Ownership and Leadership** (Accountability): Give players opportunities to take responsibility for their actions, lead team activities, and learn from their decisions.
7. **Uphold Sportsmanship** (Respect): Teach and model respect for the opposition, officials, and the rules of the game, regardless of the outcome.
8. **Create a Positive Learning Environment** (Enjoyment): Maintain a safe, welcoming, and encouraging atmosphere where players feel comfortable taking risks and trying new things.
9. **Guide Both Successes and Failures** (Development): Help players understand that both successes and setbacks are valuable learning experiences and should be embraced.
10. **Build a Strong Team Ethic** (Respect): Promote teamwork, cooperation, and mutual respect, ensuring that players understand the importance of collective effort and shared goals.

